



# Supply Chest

February 14, 2003

Ready - Resourceful - Responsive!

Vol. 55 No. 3

## Snow blankets Norfolk but service to the Fleet continues



The view from the roof of Building W-143 almost makes it look like ships got underway to avoid the recent snowfall. It was actually business as usual aboard the Naval Station, despite snow, ice and sub-zero wind chill readings. The empty piers can be attributed to the number of ships currently deployed in support of the U.S. efforts in the global war on terrorism. Many FISC Norfolk employees, including LSRs, stevedores, packers, shippers, and expeditors worked long and hard to get ships ready to move on short notice.

### **What's inside?**

*SECNAV farewell message . . .P. 3*

*CONUS Space-A travel open soon to family members . . . . P. 4*

*Shades of Green now taking reservations for Dec. return . . . P. 5*

*SECDEF sends thanks to civilians, active-duty . . . . .P. 6*

*New photo feature, "That's the Way it Was" . . . . . P. 7*

*Bravo Zulu: DDNV Employees of the Quarter . . . . . P. 8*

### **Air Terminal welcomes new OIC**

Navy Air Terminal Norfolk welcomed a new officer-in-charge recently when Cmdr. Daniel Smith relieved Cmdr. Paul VanHoosen.

Cmdr. Smith previously served with Afloat Training Group Atlantic. Cmdr. Van Hoosen, who served as Navy Air Terminal Norfolk Officer-in-Charge for nearly three years, has retired from active duty.

While OIC, Cmdr. VanHoosen saw the demolition of the 51-year-old previous terminal, and moved into the new 36,000 square foot terminal. The new terminal opened January 24, 2001.

The Norfolk terminal is considered the busiest military air passenger terminal in the continental United States.



*Cmdr. Daniel Smith*

# From the CO: Safety and Workplace Hazard Analysis



By **L. V. Heckelman**  
Commanding Officer, FISC Norfolk

FISC Norfolk and RSO Teammates,

I recently received Management Safety Training and a briefing on the most recent Workplace Hazard Analysis conducted on FISC and our Regional Supply Offices. I can't stress enough the importance of providing management, supervisor and employee safety training to everyone in the command as applicable. You'll recall that my command philosophy in-

cluded a focus area that I called growth, development and well being of our shipmates. Safety is important to the well being of every member of this command. Nothing we do is as important as the safety of our people. We will not knowingly hazard life or limb of a single member of this command nor will we take unnecessary risks.

The safety training that is available, and in fact mandatory for every member of the workforce provides valuable information that will support that focus area. One topic covered in the training is Operational Risk Management or ORM. ORM is a simple, systematic process that helps us to identify hazards, assess risk, analyze risk control measures, make control decisions and implement a strategy to complete the task at hand safely and effectively. Almost all managers and supervisors have received their mandatory safety training. Now it's time to get the training completed for the rest of the workforce. If you haven't completed your safety training, schedule it now through your supervisor and get it done.

The Workplace Hazard Analysis that was conducted is a complete review of our safety program. It provides us with a complete review of our safety and safety

related programs, including training, mishap reporting, preventative measures and actual mishap statistics. It also provides trends for mishaps. For FY-02, the most recent year that statistics have been completed, we had a very slight increase in the number of mishaps and the injury incident rate. Mishaps with injuries result in lost time not to mention the pain and suffering depending on the severity of the injury. We can improve this fiscal year by ensuring every single member of our team receives training and increasing our awareness of potential safety hazards.

Barring some terrible accident or other tragedy, each of us will retire from daily employment eventually. My goal is for each of us to have a great quality of life post-employment so that we may enjoy whatever pursuits we choose in retirement. A big contributor to the best possible quality of life in retirement is to be safe and avoid the possibility of injury while on the job. So I encourage you to ensure you and your co-workers and subordinates receive all available safety training, learn how to use Operational Risk Management to ensure safe operations and evolutions and keep a watchful eye for hazards and risks as we go about our daily business. Let's look out for each other and be safe!

## Supply Chest

Fleet and Industrial Supply Center  
1968 Gilbert Street, Suite 600  
Norfolk, Virginia 23511-3392  
(757) 443-1013/14

Capt. L V. Heckelman, SC, USN, FISC Commanding Officer  
Capt. James N. Hagarty, SC, USN, DDNV Commander  
Bob Anderson, FISC Public Affairs Officer/Managing Editor  
Jim Kohler, Editor  
Bill Pointer, Staff Photographer  
Steve Craddock, Staff Graphic Illustrator

This appropriated funds newspaper is an authorized publication for military and civilian personnel of the Fleet and Industrial Supply Center (FISC), Norfolk, and the Defense Distribution Depot (DDNV), Norfolk. It is published by the FISC Public Affairs Office, located in building W-143, Naval Station Norfolk. Contents of the Supply Chest are not necessarily the official view of, or endorsement by, the US Navy. The Supply Chest is a bi-weekly publication published in compliance with the provisions of NAVSO P-35. It is a member of the American Forces Press Service and is available on line at [www.nor.fisc.navy.mil](http://www.nor.fisc.navy.mil). Material may be reprinted if proper credit is given. Submit material to the FISC Public Affairs Office, Code 01, or call (757) 443-1014 DSN 646-1014; FAX (757) 443-1015. All material is subject to editing.

# Former SECNAV Gordon England sends farewell message

*Special message from the Honorable Gordon R. England, Secretary of the Navy*

In leaving this wonderful institution, I am reminded that we in the naval service are heirs to 227 years of history in which Sailors and Marines live and perpetuate our most cherished treasure - patriotic duty to America. To all the men and women in this great service - military and civilian alike - you personify a tireless American spirit that finds hope on every new horizon.

Your service to America's purpose and security is as vital as ever. Today, we face an unprecedented array of difficult and dangerous challenges around the world. Following our strong president, Americans everywhere are rising to this historic moment using diplomatic, financial, humanitarian and, when necessary, our military might to protect and advance human dignity and freedom.

Everyday when I walk into my office, three paintings constantly remind me of the life of consequence that you have chosen.

On one wall is a rendition of USS Constitution - Old Ironsides - engaged in the U.S. Navy's first major victory at sea in the War of 1812. When I look up from my desk, I see Fleet Adm. Chester Nimitz standing on the deck of USS Missouri (BB 63) as if he is carefully watching the decisions made in this office.

Finally, behind my desk is a painting depicting brave Marines and Navy corpsman raising the American flag at Iwo Jima.

Coincidentally, my office faces the Iwo Jima memorial. Felix De Weldon, the memorial's renowned sculptor, best captured our nation's challenges and the Americans who rise to meet them when he said, "Fortunately for this great nation of ours, we have been blessed through heritage and tradition by a limited number of great men, thus far adequate in numbers to our nation's needs in time of great stress."

His words still ring true today for those who wear the cloth of the nation and the two strong leaders of this department, Chief of Naval Operations Adm. Vern Clark and Commandant of the Marine Corps Gen. Mike Hagee. With them in your vanguard,

Adm. Clark and Gen. Hagee are shining champions who deal hope for all of us.

This team tradition is the lasting legacy of Adm. Clark and Gen. Jim Jones, Gen. Hagee's predecessor.

From Old Ironsides to Operation Enduring Freedom,



*Gordon R. England*

brave Americans never rest in defending our ideals, principles and values. For that noble duty, I thank you. As your spirit is tireless, my gratitude is timeless.

I will worry about you when you face danger, and I will salute you when you prevail. I will marvel at your achievements, and I will gain strength from your example. But, after all is said and done, when I take my leave on Jan. 23, I will miss you.

God bless you and your families, God bless the Department of the Navy and God bless America.

***Find the latest on the Web at Inside Fisc***

***For the latest FISC news, including the latest on Transformation, be sure to visit the FISC Norfolk internal website, Inside Fisc.***

# Test to open stateside Space-A air travel to military families

A one-year test starting April 1 will permit space-available air travel within the continental United States by family members who accompany their military sponsors.

Defense transportation officials said dependents of active-duty members and military retirees will be eligible. Their travel priority during the test will be the same as their sponsor's. The test ends March 31, 2004.

Current regulations allow dependents to travel space-A with sponsors to, from and between overseas points, but prohibit their travel point-to-point within the continental United States. Active duty and retired military members already have space-A privileges stateside and overseas.

To register for space-A travel, active-duty sponsors must be on leave or a pass and remain in that status while awaiting travel and through the entire travel period. Retirees may sign up 60 days in advance but not before the test begins April 1.

(Generally, space-A is the seats left on military aircraft after official duty travelers and cargo are accommodated. Space-A travelers are assigned various seating categories; for instance, active duty members on emergency travel receive a higher priority than leisure travelers. The Air Force's system is the best-known, but all the services offer space-A using their own rules and policies.)

For more information on the space-A privilege, its rules, registration process, travel procedures, tips, and dozens of



Besides traveling to overseas destinations such as Rota, Naples, and Keflavik, eligible family members will soon be able to accompany their sponsors from Navy/AMC Air Terminal Norfolk (above) to domestic destinations, including NAS Jacksonville and Stewart Air National Guard Base, N.Y.

frequently asked questions, visit the Air Force Air Mobility Command [space-A Web site](http://space-A Web site) at [amcpublic.scott.af.mil/Spacea/spacea.htm](http://amcpublic.scott.af.mil/Spacea/spacea.htm).

(Adapted from a news release from the Air Mobility Command, Scott Air Force Base, Ill.)

## In Memorium

Charles Don McAdams Jr., Defense Distribution Depot (DDNV) materials handler, died on Jan. 14 from injuries sustained in an automobile accident.

His family would like to thank all of his coworkers and DDNV Commander Capt. Jim Hagarty for their support, kind words, thoughts, prayers, and monetary donations. Their kindness was greatly appreciated.

Survivors include a son, Charles D. McAdams III, and a daughter, Terri McAdams Keesee.



Charles Don McAdams, Jr.

# Shades of Green taking reservations for Dec. reopening

Reservation lines are open for the Dec. 15 reopening of a new, improved Armed Forces Recreation Center Shades of Green hotel on Walt Disney World Resort in Orlando.

Shades of Green has been closed for expansion and complete renovation since early 2002. Meanwhile, guests eligible to stay there have been booked into Disney's Contemporary Resort at Shades of Green's daily rates. The rates are based on rank from a low of \$66 for E-1s through E-5s to \$99 for senior officers. The range starting Dec. 15 will be \$70 to \$116.

"We've already booked our first military wedding on Dec. 29 for 250 people," said Jim McCrindle, the hotel's general manager since it opened in 1994.

When Shades of Green reopens, he said, it will have double the guest space at 586 rooms, a new 500-space parking garage and 7,500 square feet of flexible special-event space for reunions, weddings and other family-oriented social functions. There will be 11 suites, up from just one.

He said more rooms will conform to the standards of the Americans with Disabilities Act. "We had handicapped-accessible rooms before, but now we will have bona fide ADA-designed and equipped rooms with the wider bathroom doors and the roll-in showers," he said. Nine of the existing rooms were completely renovated to ADA standards.

The near-two-year project includes complete makeovers of all the existing rooms to the same standards as the new ones — new carpet, paint, curtains, mattresses and bedspreads.

"All the rooms are exactly the same size and everything is brand new," McCrindle said. In essence, he said,

guests who want a new room don't have to ask — every room will be new.

All rooms will have standard amenities such as ironing boards and televisions, but there will be some new twists — refrigerators, wireless TV keyboards and 12 hours of Internet access for about \$6. Guests will be able to play TV video games, in-room movies and order attraction tickets online from the hotel's tickets and tours office.

The hotel restaurants are being remodeled. The four include a new Northern Italian-themed trattoria. Shades of Green has its own two heated swimming pools, a kiddie pool, play area and tennis courts. It's situated among three Walt Disney World Resort golf courses: two 18-hole championship courses and a nine-hole executive course with discounted greens fees for military players. Free shuttle bus service transports guests to and from Disney attractions.

The hotel has operated at or near 100 percent occupancy from the moment its doors opened, McCrindle said. Guests who could not be housed at Shades of Green were placed in other hotels on and off the Disney resort. Customer demand has been so high, it's spurred the whole expansion project, he said.

Shades of Green is financially self-sustaining; no taxpayer dollars are used for operations. The hotel expansion is funded by a civilian commercial loan.

For more details or to make reservations, visit [www.shadesofgreen.org](http://www.shadesofgreen.org) or [www.armymwr.com/shades/index.html](http://www.armymwr.com/shades/index.html), or call toll-free 1-888-593-2242.

"The best way to make a reservation is to use the Web site," McCrindle



*An artist's rendering of what Shades of Green will look like once renovation is complete.*

suggested. "That way, you're guaranteed a response within 72 hours. Give alternate dates to your first choice." The phones tend to be overloaded, he added.

The Army Community and Family Support Center in Alexandria, Va., operates the four Armed Forces Recreation Centers as the Defense Department's executive agent. The other three are the Hale Koa Hotel on Waikiki Beach in Honolulu, Hawaii; the Dragon Hill Lodge in the Yongsan area of Seoul, South Korea; and AFRC-Europe, which has Bavarian resorts in Chiemsee and Garmisch, Germany.

AFRCs are open to DoD identification card holders in all the active and reserve components, active members of the other uniformed services, active DoD civilians assigned outside the United States, military and DoD civilian retirees, and their families. Also eligible are several other smaller groups, such as Medal of Honor recipients and 100-percent disabled veterans.

(From a U.S. Army Community and Family Support Center news release.)

# SECDEF sends thanks to DoD civilians, military

For more than a year, the brave men and women of the U.S. military, together with their civilian counterparts in the Department of Defense — have been working to preserve peace and defend freedom against terrorist forces and those who would harbor and protect them around the world.

To each of you, and your families, we express our profound gratitude and appreciation for the risks you undertake and the sacrifices you make so that all Americans can enjoy the blessings of freedom.

This war, as the President has said, is not one of our making. It was thrust upon us. We act in self-defense - in deliberate response to acts of war directed against the American people, and to prevent future acts from claiming even more innocent life.

We are engaged in a global war, and it is being waged on many fronts using all the instruments of national power.

In recent weeks and months, the President has called the world's attention to Saddam Hussein's regime in Iraq. He has rallied the United Nations to enforce its resolutions calling for the regime's disarmament. To assist this diplomatic



Secretary of Defense Donald H. Rumsfeld

offensive and to preserve future options, adjustments to current mobilization, deployment and rotation cycles may be necessary, adjustments that may mean longer tours of duty than you may have expected.

While the times, places, and conditions of deployment cannot now be precisely known, we do recognize the uncertainty these circumstances may create for those in uniform, the civilians who work beside them, and the families and loved ones, without whose support their sacrifices would not be possible.

I know the secretaries and chiefs of the military services are communicating with you in greater detail about

these matters, but I want you to know that understanding the impacts of these deployments is important to us.

Be assured that the president will not decide to commit forces unless conditions require it, and only as a last resort. Should action be necessary, you will have what you need to carry out the missions assigned. Thank you for all you do for our nation and the world.

## CEAP Corner

February is Healthy Heart Month and your local CEAP will be addressing the importance of a healthy and happy heart. Heart health is one of the most important factors facing Americans today. Cardiovascular Disease (CVD) is the number one killer of men and women in the United States. In an effort to combat this disease the American Heart Association recommends living a healthy lifestyle. Changing risk factors and educating ourselves is the best way to combat CVD. Efforts to change risk factors include reducing high blood pressure, increasing physical activity, losing weight, lowering cholesterol, and to stop smoking ciga-

rettes.

If you wish to live a healthy lifestyle, here are some recommendations:

- Walk around your building for a break during the workday or during lunch.
- Take the stairs instead of the elevator.
- Schedule exercise time on your business calendar and treat it as any other important appointment.
- Walk the dog, or take a daily walk before breakfast or after dinner.
- Park farther away from the shopping mall and walk the extra distance.
- Join a recreational activity that emphasizes physical activity.
- Play your favorite music while

exercising - something that motivates.

One of the enduring half-truths about CVD is that "heart disease is a man's disease" (American Heart Association, 2003). The truth is that women are also greatly affected by the effects of CVD. According to a Health Scout News survey, only 8 percent of women identified heart disease and stroke as their biggest health threat (2002). It is believed that lack of knowledge could be one reason why so many women are not taking measures to protect themselves. Health professionals recommend that women discuss the risks for heart attack and stroke with their doctors. In an effort to address women as a specific target

*continued next page*

*CEAP from previous page*

group, the American Heart Association has launched a campaign called "Simple Solutions." The goal of this program is to teach women small steps to incorporate into their daily lives to improve the health of their hearts.

Changing one's diet, adding moderate exercise, education, and a change of mindset can lead to a longer and healthier life. To arm yourself with the facts or additional information, here are some good websites:

[www.heartInfo.org](http://www.heartInfo.org)

[www.americanheart.org](http://www.americanheart.org)

[www.health-heart.org](http://www.health-heart.org)

For more information on Heart Health, see information table display in front of the CEAP office on the 6<sup>th</sup> Floor. CEAP will also be hosting a Lunch and Learn on February 18, 2003, in the Jack Room, from 11:30 A.M. to 12:30 P.M., titled "A Healthy Heart Begins with You". Laverne Williams, of the Norfolk Public Health Department, will conduct the Lunch and Learn.

Your CEAP offers free, professional counseling services for a variety of is-

sues including depression, family and marital discord, finance and legal issues, stress relating to early retirement, relocation or possible downsizing, and drug and alcohol abuse or addiction. Counselors help employees address and overcome problems that could adversely affect attendance and job performance. Employees and immediate family members of FISC, NAVTRANS, FOSSAC, and DECCD (Formerly DIPC) may benefit from CEAP services. For more information call Veronica Thomas at 443-1049 or 443-1490.

## ***...And That's the Way it Was...***

*The Naval Station waterfront was a hotbed of activity during the 1940's. The bustling waterfront kept Naval Supply Center Norfolk employees busy supporting the ships. The largest ship in the photo is the battleship New Jersey.*

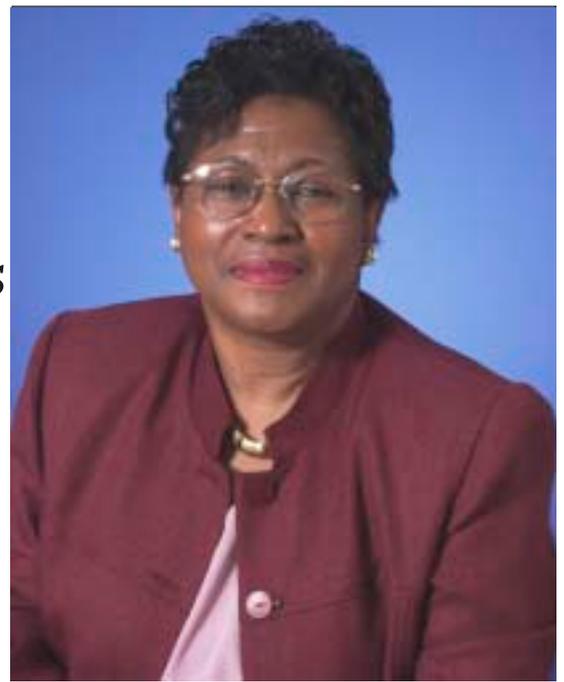


# Bravo Zulu



*Charlene Williams is DDNV's Blue Collar Employee of the Quarter*

## DDNV Employees of the Quarter



*Faye Spivey is DDNV's Supervisor of the Quarter*



*Shirley McGill is DDNV's White Collar Employee of the Quarter.*

*Carole Smith, NR Naval Air Terminal Norfolk 207 Reserve Program Coordinator, Recently received a letter of commendation for her performance while assigned as reserve program coordinator, Navy Air Terminal, Norfolk. Her efforts helped Navy Air Terminal Norfolk earn recognition as the best aerial port terminal, as voted by reserve units from all branches of the armed forces nationwide.*



*DDNV's Work Team of the Quarter is from the MHE Shop. They are (l-r) Willie Bronson, Lonnie Sloan, Tom Jones, and Fermin Espanol. Not pictured are Rita Lemon and Clarence Monsanto.*