

# Supply Chest

May 14, 2004

Ready - Resourceful - Responsive!

Vol. 56 No. 9

## Navy Reservists honored for water taxi rescue

By JO1 Brigette A. Moritz, Naval Reserve  
Naval Media Center

Twenty-six reservists from Naval Reserve Center (NRC) Baltimore received awards during a ceremony April 17, for rescuing passengers of the *Lady D*, a Baltimore Harbor water taxi that capsized during a storm March 6.

Within minutes of the accident, the reservists were in the NRC's small landing craft and on the scene. According to Chief Storekeeper Ricardo Duncan, administrative department head for Fleet and Industrial Supply Center Norfolk, Det. 106. Once the reservists reached the water taxi, they began throwing life rings to the survivors. The loading ramp at the front end of the craft was lowered into the water and used as a lever to raise one side of the capsized water taxi and free survivors.

Twenty-one people were rescued from the vessel. Five passengers did not survive.

Six reservists who jumped into the water received the Navy and Marine Corps Medal



Asst. Secretary of the Navy for Financial Management and Comptroller, Dionel Aviles, presents the Navy and Marine Corps Medal to FISC Norfolk Det. 106 CO Cmdr. Peterson Decker.

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## Cafeteria celebrates grand reopening



FISC Norfolk Executive Director Sid Etherington (left) and cafeteria supervisor Evelyn Roscoe (right) joined FISC Norfolk Commanding Officer Capt. L.V. Heckelman for the ribbon cutting that officially opened the renovated cafeteria. The four-month project included new furniture, wallpaper and seating configuration. The newly renovated cafeteria also features exciting new menu selections. The cafeteria now features a Starbucks, Block & Barrel deli products, pizza, and a new beverage bar. The decor is bright and comfortable, offering a variety of seating options. See pages 4-5 for more photos.

## Traffic patterns change for entering and approaching W-143

The two western most lanes of Decatur Ave. will be closed until mid-June in order to repair oily waste-waste oil and collection holding tank services on Pier 6. Vehicles will be rerouted to the eastern two lanes with one lane each for northbound and southbound traffic. Left turns will be prohibited from Decatur onto Morris and from Morris onto Decatur.

At Building W-143, renovations will be made to the planter and overhang outside the lobby entrance. The lobby entrance will be closed until June 1, except during emergencies. The inside of the lobby will not be affected, so employees will be allowed to walk through the lobby area and use the elevators.

Lobby security personnel and alarm monitoring systems will be relocated to the west end of W-143, LSC main entrance area. All entrance/exiting of W-143 will be via the west end of W-143. The west end roll-up door will also be open during peak rush hours (7-8:30 a.m.).

## From the Commanding Officer ...

FISC Norfolk Teammates,

I'd like to call your attention to several items of particular interest in this issue of the *Supply Chest*... First, please note the article about the heroes in our Naval Reserve FISC Norfolk Detachment 106 reserve unit. I'm sure you read about the actions of several military and civilian personnel recently in Baltimore Harbor in response to a capsized watercraft there. I am very proud of the fact that several of our FISC Norfolk reservists were among those who responded to that emergency situation and were a key part of the rescue operation that undoubtedly saved many lives. Cmdr. Peterson Decker is the commanding officer of our Detachment 106 unit. The next time he and his unit personnel are here in Norfolk on reserve duty with us, I hope you'll take a moment and thank them for their actions that day and tell them how proud we are of them.

Secondly, I hope those of you who work in or visit the headquarters offices in building W-143 are enjoying the newly renovated cafeteria and added menu items (including the Starbucks Coffee kiosk). If you haven't been in to visit, please do so. In addition to all new serving and galley equipment fixtures, there is a new décor, new café style seating and booths and a matching dining room area adjacent to the cafeteria to hopefully contribute to a more relaxing and enjoyable dining and break experience for our workforce. We are working on some additional refinements and added menu items and welcome your suggestions to continue to

improve this important quality of life aspect of working here at FISC Norfolk.

Finally, I'd like to remind everyone that May marks the national observance of Asian Pacific American Heritage month. This year's theme is "Freedom for All, A Nation We Call our Own." The Chief of Naval Personnel, Vice Adm. G. L. Hoewing, recently released an All NAVADMIN message that stated "this annual observance is in recognition of the rich cultural heritage of the Asian Pacific American community that helped shape our great nation. It is also a reminder of how the contributions of all Americans have served to strengthen the fabric of our nation."

The Admiral went on to explain that 5 percent of our nation's population or approximately 12.5 million people are Asian Pacific Americans and that a similar percentage of Asian Pacific Americans is represented in the military services, including nearly 28,000 in the Navy.

I hope many of you will participate in the local area celebration by attending the Asian Pacific Islanders Heritage Month Luncheon on Thursday, May 20 at 11 a.m. at the Breezy Point Officers' Club. You can RSVP to Faye Westcott in FISC Norfolk's Code 200 or directly to Lisa Dixon at 445-0452. This is just one of the many opportunities throughout the year to learn more about and to celebrate the diversity of American Heritage in our country and in our local commands.

*L. V. Heckelman*



Capt. L. V. Heckelman



## Supply Chest

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# The Many Faces of Security - Operations Security (OPSEC)

By Bobby Whittington, Security Director

Operations Security is a little known, but very important program within the U.S. Navy. Most of us actually practice this program every day, without realizing it. Today, we'd like to provide you more detail concerning this often used, but seldom fully understood, program. Ray Spivey has been appointed as the FISC Norfolk OPSEC officer, and he includes the subject in his annual security refresher briefings.

What is OPSEC? Operations Security is a process used to keep sensitive information from being obtained by an adversary. Simply, OPSEC is information that is sensitive, but unclassified. Such subjects concern our plans and capabilities within the command. The specific job we do, and how we do it, is unclassified, but are sensitive and shouldn't be discussed outside of the workplace. OPSEC seeks to protect the processes within our planning processes and/or operations. And, this program does not replace other security disciplines – it compliments them. For example, the protection of classified information (top secret, secret and confidential) is clearly established in directives pertaining to information security. Everyone knows you don't discuss classified information with persons not needing to know that information. The same concerns involve sensitive information.

In a nutshell, OPSEC is a process that teaches you to:

- Examine your day-to-day activities from an enemy's point of view;
  - Understand what an enemy could learn about you and/or your organization from watching you and knowing your specific job (observable actions);
  - Assess the risk placed on you and/or your organization; and then,
  - Develop and apply countermeasures.
- Basically, don't discuss what we do or how we do it.

An excellent example of this was demonstrated during previous base exercises. The 'bad guy' team spent several days observing potential targets. They visited smoking gazebos and talked with employees. They asked what went on in the area/building they were watching. What was the mission? Did activities increase during changes of Force Protection Conditions? Were there guards;



Ray Spivey is the FISC Norfolk OPSEC officer

were they armed? What time was the morning 'rush hour' at the building? What time did the guards change shifts? Were things different at night (less protection, lighting, etc.)? It's easy to see how much information can be obtained by just 'friendly discussions' over a cigarette. Employees are usually willing to share information concerning their workplace and explain what they do. But, that information is sensitive... but, not classified... and sharing that information could give vital information to a potential adversary.

Why is it important that we learn about OPSEC? The information that is often obtained and used against us is not classified information, it is information that is available to people who know how to ask questions and when to ask them. Additionally, sensitive information can be obtained from documents that we discard in the trashcans. If you believe that documents you are finished with could contain sensitive information concerning our mission, capabilities and processes, it's best to shred those documents rather than merely discarding them. Our work is based on information, but that information can be of significant value to a potential adversary. Remembering and practicing the rules of OPSEC will help us 'turn off' that information pipeline. We must al-

ways be mindful of what we are revealing – and to whom we are revealing it. Casual conversations and discarded documents can contain reams of valuable information when put together.

What can I do to help thwart any further attempts to harm the nation? Each one of us can incorporate OPSEC into our everyday work routine. Practicing OPSEC will help you accomplish this goal. When you do something, ask yourself, "What could an adversary gain from this information about our activity? Does it reveal information about what we do and how we do it?" OPSEC has always had an excellent motto concerning the workplace: "What you do here; what you see here; let it stay here; when you leave here."

What are OPSEC Indicators? What could people observe about your schedule and routine? Do they know what you do when you're at work? What are you revealing when you talk to people outside of your workplace, at parties, at social events, to your neighbors, to strangers? These are all indicators which help build picture of a process within an organization. Be proud of your job and your organization, but be cautious about providing too much detail about operations

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## Newly renovated cafeteria features delicious food...



*Block & Barrel deli products are now offered at the recently renovated cafeteria in Building W-143. Without having to leave the building, you can get a sandwich similar to those sold by popular sandwich shops in town. They are competitively priced, taste great, and they're just down the hall from your office.*

*Customers now enjoy a wide variety of delicious food choices every day from the expanded menu.*



*The newly renovated cafeteria is brightly painted in vibrant colors with contrasting wallpaper. There is also new furniture, including comfortable padded chairs.*

## ...plenty of choices, new decor, and Starbucks too!

*FISC Norfolk Commanding Officer Capt. L.V. Heckelman was first in line at the new Starbucks kiosk, located just inside the cafeteria entrance. Starbucks has proved to be a popular addition to the cafeteria. Long lines can be seen throughout the day as customers patiently wait for their gourmet coffee.*



*With all of the new food choices, it's sometimes hard to decide what to get for lunch.*

*Customers can now get through the salad bar twice as fast. The new cafeteria offers two salad bars and two beverage bars.*



# Prepaid phone cards available to benefit deployed Sailors

By Kristine M. Sturkie  
*Navy Exchange Service Command Public Affairs*

Calling home from a Navy ship may soon be a lot easier. The Navy Exchange Service Command (NEXCOM) is now authorized to sell prepaid calling cards to any individual or organization wishing to support our Sailors serving in Operation Enduring Freedom and Operation Iraqi Freedom.

"We are excited to be able to sell our prepaid phone cards to any one interested in supporting our troops," said Jennie Virden, NEXCOM's afloat program manager. "With extended deployments and the stress of being away from home, a phone call to a loved one can ease a family's worry. This is a win-win for everyone involved. Americans have an easy and meaningful way to support our Sailors and ensure Sailors have the ability to call home more often."

The Navy Exchange's AT&T Ship to

Shore prepaid card is the only card that can be used to make calls from most U.S. Navy ships, as well as to place calls during port visits. Calls made from a ship are \$1 per minute, while rates for phone calls made ashore vary by location.

To purchase a Ship to Shore prepaid phone card, log on to [www.navy-nex.com](http://www.navy-nex.com) and click on the "Help our Sailors Call Home" link. From there, the prepaid phone cards can be purchased and sent to an individual at his or her deployed address. Cards can be purchased individually or in bundles of 10 or 25. The prepaid phone cards sell for \$20 each. Cards can also be purchased for "any service member." These cards will be distributed by the Navy Marine Corps Relief Society, the American Red Cross or the Fisher House Foundation.

For related news, visit the Navy Exchange Service Command Navy NewsStand page at [www.news.navy.mil/local/nexcom](http://www.news.navy.mil/local/nexcom).

## Rear Adm. Stone named new NAVSUPSYSCOM Commander, 43rd Chief of Supply Corps



Rear Adm. Daniel H. Stone

The Secretary of the Navy has approved the selection of Rear Adm. Daniel H. Stone to relieve Rear Adm. Justin D. McCarthy as Commander, Naval Supply Systems Command and 43rd Chief of Supply Corps.

Stone is currently assigned as director of logistics and engineering for North American Aerospace Defense Command (NORAD) and United States Northern Command, both headquartered at Peterson AFB, Colo. He will assume his new responsibilities at a change of command ceremony this summer at Naval Support Activity, Mechanicsburg.

Stone was commissioned as an ensign in the U.S. Navy upon graduation from Villanova University in 1971. At sea, he served aboard USS *Ranger* (CV 61), USS *Long Beach* (CGN 9), and USS *Constellation* (CV 64). He is qualified as a naval aviation supply officer.

His shore assignments have included deputy chief of staff for logistics, Fleet Supply and Ordnance, U.S. Pacific Fleet, Pearl Harbor, Hawaii; director, logistics operations, Defense Logistics Agency, Fort Belvoir, Va.; commander, Defense Logistics Support Command, Fort Belvoir, Va.; commander, Defense Supply Center Richmond; and deputy commander for fleet logistics operations, Naval Supply Systems Command, Mechanicsburg, Pa.



### Asian Pacific Heritage Month Luncheon

Naval Station Norfolk  
1100-1300, May 20, 2004  
Breezy Point Officers' Club

Guest Speaker: Mr. Gil P. Zulueta  
For information call: 445-0452

# Marchetta Smith named NISH East Region JWOD Champion

Marchetta Smith, a contract specialist in FISC Norfolk's contracting department, is the NISH East Region 2004 Javits-Wagner-O'Day (JWOD) Program Champion. A JWOD Champion is a federal government employee - a "point of influence," mainly in acquisition - who fully believes in the mission of the JWOD Program and is doing everything in his or her sphere of responsibility to provide employment opportunities for people with disabilities. Smith will be featured in the May issue of NISH's Workplace Magazine.

Smith has worked at the Fleet and Industrial Supply Center (FISC), Norfolk for approximately 21 years and as a contract administrator/specialist for 19 years.

A resident of Chesapeake, Virginia, Smith is a graduate of Saint Leo University and has degrees in human resource management and business administration. She is currently working toward a master's degree in public administration with emphasis on management.

At FISC Norfolk, Smith teams with regional partners and customers to provide supply chain management, transportation services, technical and customer support, and worldwide movement of personal property. She performs procurement processes for issuance of solicitation, which includes, analysis, evaluation, and negotiation of contractor's proposals for highly complex and highly technical requirements. Procurements cover both cost

reimbursement and fixed-price contracting requirements such as: extensive technical services contracts of a complex nature and development of new and unique materials that require a great deal of coordination, analysis, and detailed negotiation.

Smith's experience with the NISH/JWOD Program began in the late 1980s as a contract administrator. Her responsibilities were to renew the already negotiated contracts. In the mid 1990s her position changed to that of a contract specialist for all mess attendant contracts. "I had the opportunity to work with the Navy's South and East Regions providing opportunities for work in both those areas," she said. "The Navy focused on regionalizing all similar or like services under one contract, which provided new challenges. I became the project manager for all regional galleys, which became a challenge for NISH/JWOD as well as the Navy," she added.

In the first year of the contract, the International Food Service Executives Association (IFSEA) inspected five of the seven galleys. Each location was evaluated separately and independently of the others and for the first time in the Tidewater area, each galley location received a 5-Star rating. "It is highly unusual for such a large percentage of the galleys in a single geographic area to be recognized at this level of excellence," Smith said. She attains this success to a direct result of



Marchetta Smith

the initiatives that resulted in the galleys being supported by NISH/JWOD centers.

"I would highly encourage every contracting officer to review requirements that can be accomplished under the NISH/JWOD Program," said Smith. "The stability and quality of the workforce may result in a significant cost savings."

### Security from page 3

and processes.

Who is the adversary? Let's not focus solely on terrorists. Remember, there are other adversaries, such as foreign intelligence services that continue to collect information. That information can be sold or used in the future. And, not all intelligence-gathering efforts are by 'enemies.' Even nations, which are friendly to us, will work to glean information from many - or any - sources. Good OPSEC practices will make the efforts of all of these organization more difficult.

We are an open and friendly society. Unfortunately, others in the world do not share our goals and values and will continually search to find a weak link or "another piece of the puzzle." Remember and practice OPSEC in your daily efforts. Because, like security in general, OPSEC is also "everybody's business."

If you have questions about OPSEC or wish to know more about it, please contact Ray Spivey at 443-1517, or via email. He'll be glad to assist.

## Two SC captains earn their first star



Capt. Raymond A. Berube and Captain John J. Prendergast have been selected for promotion to the rank of Rear Admiral (Lower Half).

Rear Adm.(Sel) Berube is currently assigned as assistant commander for business operations/comptroller, Navy Personnel Command. Prior to his current assignment he served as commanding officer, Fleet and Industrial Supply Center San Diego.

After receiving his bachelor's degree in economics from Boston College, Rear Adm.(Sel) Berube was commissioned in 1979 through Officer Candidate School as an Ensign in the U.S. Navy Supply Corps. He received a master's degree in financial management from the Naval Postgraduate School, Monterey, Calif. He is also a graduate of the Strategic Leadership Institute, Anderson School of Management (UCLA) Executive Education Program.

Rear Adm.(Sel) Prendergast is currently assigned as chief of staff, Naval Supply Systems Command, Mechanicsburg, Pa. Prior to his current assignment, he served as deputy commander for fleet logistics operations, Naval Supply Systems Command Headquarters.

Rear Adm.(Sel) Prendergast holds a bachelor's degree in mechanical engineering from the University of Notre Dame, where he earned his commission in 1979 through the regular Navy ROTC Program. He is a distinguished graduate of the Naval Postgraduate School where he earned a master's degree in management with a subspecialty in contract and acquisition management. He is also a graduate of the Kellogg Graduate School of Management (Northwestern University) Executive Education Program.

## Bravo Zulu

### Rescue awards from page 1

Marine Corps Medal for their heroism. Other medals included the Meritorious Service Medal, Navy Commendation Medal and Navy Achievement Medal.

Maryland's Senator Barbara Mikulski and Congressman Dutch Ruppersberger congratulated the Reservists during the ceremony for their heroism. "It was amazing what they did that day," said Mikulski. "You can have the best training in the world. But the ultimate test in life is character. These people have the right stuff."

She presented the commanding officer of NRC a resolution passed by all 100 senators recognizing the heroism. "We are so proud of you," said Rupperberger. "To be in a position to save someone's life...look at how these individuals performed. You don't have to go to Iraq to serve your county." One of the survivors of the water taxi accident also wanted to thank the Reservists.

"The extent of your efforts on others is far greater than you realize," said Thomas Pierce. "I was in total awe of each and every one of you. Your response to this accident was absolutely amazing." The Reservists said they were grateful for the awards, but they didn't feel like heroes.

"What we did was good, and I was proud to be there," said



Assistant Secretary of the Navy for Financial Management and Comptroller Dionel M. Aviles presents the Navy/Marine Corps Commendation Medal to SKC Ricardo Duncan.

Builder 1st Class Pat Elwood, Naval Mobile Construction Battalion (NMCB) 23, Det. 0323. "If all those people on that boat had been in the front of the building, another crew would have done the same thing."



PC1(SW) Stacey Wiley, Regional Navy Mail Center Norfolk, is the FISC Norfolk Sailor of the Quarter.



SHSN Sean Estes, Fleet Assist Team, is the FISC Norfolk Junior Sailor of the Quarter



FISC Norfolk Commanding Officer Capt. L.V. Heckelman congratulates Cmdr. Lou Giordano after presenting him with a Meritorious Service Medal (gold star in lieu of second award). He had served as the Reserve Coordinator. He will now serve on the staff of Commander, Fleet Forces Command.

### BZ from USS Ross

Cmdr. Dowell,

I just wanted to pass on a BZ to you based on the performance of the Logistics Support Center, and in particular our LSR, Mr. Jim Rice. During our pre-deployment sea trial the requirement arose to have more Anthrax vaccinations onboard. Within an hour of my SUPPO calling him, Jim had liaised with an HM1, obtained the vaccinations we needed, and found the right person to hand them off to at HC-8 who

brought the material out the same day during scheduled DLQs. This level of competency and service is par for the course with Jim, and is continuing as we begin our deployment. SUPPO and I are very fortunate to have him on TEAM ROSS and glad to know he will be back in Norfolk supporting us while we are operating overseas. Thanks for the great service!

R/

Cmdr. Lisa Franchetti  
Commanding Officer  
USS ROSS (DDG 71)

### Join the golf association

The FISC Norfolk/DDNV Golf Association is looking for people who want to play golf and have fun. They play once a month at different courses throughout the area. Their next outing will be May 28 at Suffolk Golf Course at 11:30 a.m. Cost is \$20, plus greens fees at each course. The \$20 fee goes towards prizes and an end-of-season cookout. For more information, call Jimmy Knox at 328-4027.